

BEYOND SUNDAY



SERMON DATE • JANUARY 28, 2024

Missed the sermon? Watch [here](#).

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This guide is designed to offer a simple tool for those wanting to take the next step with Sunday's message. You can print this guide to study on your own, or use it in a group and experience transformation together.

MESSAGE THEME

HOW TO BREAK FREE FROM A BAD SOUL TIE

PRAYER FOCUS

God I thank you for calling me redeemed. No matter what I have done, you still desire a relationship with me. You have created me with the utmost intentionality and with gifts specific to me. You desire for me to live in the fullness of what you have planned for me. Thank you Jesus for being the kind of perfect father to spend time listening to me and getting to know me.

KEY TRUTHS

We are 3 part beings made up of our spirit, soul, and body. We are a spirit with a soul and we live in a body. Our soul is our mind, will, and emotions.

Soul Tie: *An emotional bond or connection that unites you to somebody.*

How are soul ties formed? *Through relationships that end up pulling us out of the will of God.*

Knowing that death and life are in the power of our tongue, our words can keep us trapped. The words 'always' and 'never' are promises that we can guarantee.

God will often bring people in our lives to teach us something, but the devil can do the same thing. When there is a bad soul tie it often brings confusion but not all soul ties are bad. For example, we should have a good soul tie to our spouse but could have a bad soul tie to someone from our past. A beautiful example of a healthy soul tie is found between David and Jonathan in 1 Samuel 18:1. An example of the wrong soul tie can be found in Judges with the story of Samson and Delilah when she tries over and over to pinpoint his weakness until he wears down and tells her.

Everyone wants love, affection, approval, and closeness but we can search for it in the wrong ways. Some indicators of the wrong soul tie can be confusion, misery, torment, disobedience to God, and being unable to make wise decisions. It may even feel like there is an invisible but very real draw or pull back to the same person even though we know we shouldn't return to them.

Satan's plan is that we stay in one place forever because he knows how important it is for us to grow.

PRACTICAL APPLICATION

No matter what type of soul tie we have, God can restore our soul. We can't fix what we don't confront.

Even though my story contains _____, God tells me, "You are my servant, I have chosen you and have not cast you away."

No matter what I have done, God tells me, "You are my servant, I have chosen you and have not cast you away."

1 → Decide to please God more than anybody else. We have to want to be free. [Matt 6:33]

2 → Take every thought captive and declare God's victory. [2 Corinthians 10:5]

3 → Build yourself up with the word of God. [1 Peter 2:2]

4 → Do not go back or even get close. [Romans 13:14]

REFERENCE VERSES

- 1 Thessalonians 5:23
- 3 John 1:2
- Mark 10:8
- 1 Samuel 18:1
- Judges 16:4-20
- 1 Corinthians 6:16, 14:33
- Joshua 1:8
- Psalms 38:8, 23:3, 45:1, 131:2
- Isaiah 41:9
- Proverbs 6:23-24, 18:21, 6:2, 4:18

- Matthew 6:33, 4:4
- Ephesians 5:8
- 2 Corinthians 10:5
- 1 Peter 1:17-19
- Romans 13:14

DECLARATIONS

'I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better.' Eph 1:17

'The Lord preserves the faithful' Psalm 31:23

I want to know God deeper so I will continue to spend time with him and ask for wisdom and revelation. I know that when I am faithful, the Lord can protect me.

WHAT'S NEXT?

Now it's time to write down anything the Lord has spoken to you. Praise Him, Thank Him and ask the Holy Spirit to help you walk this out.



*If hearing God or anything mentioned in this study is new to you then we invite you to take the Next Step.
Further information can be found at reslife.org/nextsteps*