

# BEYOND SUNDAY



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**SERMON DATE • SEPTEMBER 17, 2023**

*Missed the sermon? Watch [here](#).*

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This guide is designed to offer a simple tool for those wanting to take the next step with Sunday's message. You can print this guide to study on your own, or use it in a group and experience transformation together.

## **PRAYER**

"Thank you God for sending Jesus to conquer the enemy once and for all. Continue to walk with me and teach me how to walk in that freedom and the authority that has been given to me. Amen."

## **MESSAGE THEME**

**FEAR AND DEPRESSION - NO MORE**

## **KEY TRUTHS**

**We need to know who our enemy is so we can know how to stand against him.**

Part of the kingdom of God is having to deal with the devil. We have the authority to cast him out in the name of Jesus. When he went to the cross, Jesus led himself and us to triumph.

**Ephesians 3:10** tells us that God wants us, the church, to demonstrate the enemy's defeat. Jesus did the work of overcoming the enemy and now we get to display the victory for the world.

In the garden when satan tempted Adam and Eve, Adam brought down humanity with him. God had given Adam dominion, then Adam gave that up to satan when he was tempted. But when Jesus died and rose again, he also brought humanity with him into freedom.

The devil comes to kill, steal, and destroy, when we resist him we are resisting his works.

**1 John 5** tells us the world around us is under the power of the evil one. Why are there so many bad things happening in our world? Because the world is under the devil's sway.

**In Mark 5**, there is a man that had become demon possessed and cut himself off from other people. When he saw Jesus he ran up to him and threw himself at Jesus' feet. 6,000 demons were trying to get him to go the other direction but they could not because the devil can not make us do anything. When someone participates with the devil, the devil thinks he owns them.

**As believers, we have been given a spirit of power, love, and self control.**

Jesus commanded the demon spirits to leave the man and they fled into a herd of pigs and ran off a cliff.

Some signs of demonic activity:

- A withdraw from social interaction
- A tormented mental state
- Chronic depression
- Irrational fears and phobias

A demonic spirit tries to make someone what it is.

**But Jesus conquered every demonic spirit for each and every one of us.**

## **PRACTICAL APPLICATION**

**When we go to God in prayer, we should approach Him with a heart of gratitude and thankfulness.**

Like a parent who gives a child a gift, if the child is ungrateful there is little desire to give them anything else. But if the child responds thankfully for what they have been given, the parent is more likely to supply something else.

What are some things or moments we haven't thanked God for recently?

## **REFERENCE VERSES**

- 1 Peter 5:8
- Matthew 12:28-30, 8:16, 8:29
- Colossians 2:15
- Acts 2:24

- Ephesians 3:10
- Romans 5:17
- 1 John 3:18, 5:19
- Mark 5:1-20
- Isaiah 61:3
- Isaiah 26:3
- Psalms 137:1-6
- Philippians 4:6-8
- 2 Timothy 1:7

## DECLARATIONS

“When I put on a garment of praise and begin to thank God, depression has to go. I have authority to command the enemy to flee. The devil only has a grip on me if I give him permission. The devil has no place in my life and no power over my family, body, or job.”

## WHAT'S NEXT?

Now it's time to write down anything the Lord has spoken to you. Praise Him, Thank Him and ask the Holy Spirit to help you walk this out.



*If hearing God or anything mentioned in this study is new to you then we invite you to take the Next Step.  
Further information can be found at [reslife.org/nextsteps](https://reslife.org/nextsteps)*