

# BEYOND SUNDAY



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Missed the sermon? Watch [here](#).

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This guide is designed to offer a simple tool for those wanting to take the next step with Sunday's message. You can print this guide to study on your own, or use it in a group and experience transformation together.

## PRAYER

"Thank you Father God for grace that is new daily. Thank you for taking the time to talk to me, bless me, and pursue me. I am so grateful that the God of the universe desires a relationship with me. Thank you Jesus for blessing me with what I need for today, would you also provide what's needed for tomorrow?"

## MESSAGE THEME

A LEADER'S TOOLBOX

## KEY TRUTHS

Helpful skills, attitudes, and mindsets:

### 1. Relationship Skills

It is so important that we are able to get along with others and help others be able to get along as well. Part of that is the ability to forgive and see things from other people's point of view. There is strength

found in unity. The Body of Christ is called to be a united family. When two leaders are in disagreement, people have to choose sides, causing division. When there is unity, we can get things done.

In the story of Abraham and Lot, Abraham is being blessed by God and Lot was blessed while he was with Abraham. Abraham avoided strife to the extent of separating from Lot, but once he separated from Lot, the Lord blessed him with more. When it comes to our family, we should always extend grace. Like the father of the prodigal son; he showed grace even though the son had some cleaning up to do.

## **2. Emotional Skills**

Jesus tells us not to live based on emotions. We get to rejoice in the joy of the Lord no matter what comes our way. Joy is the foundational emotion of christianity. When we live by faith and have joy, our heart will not be troubled. It is not about what we have, but who we have. Sometimes this is harder said than done but we should not get discouraged. We should rejoice in the Lord. The worst thing that can happen to us as christians is death but even that takes us to heaven.

The sacrifice of praise that the Bible talks about means that praise and worship is not just when we feel like it but when God deserves it. It's easy when we all worship together but more difficult when life gets rough and we are alone or in the comfort of our home. When we keep our mind on God, he will keep us in perfect peace. The Prince of Peace will shelter us and provide us what we need.

## **3. Discipline Skills**

It is so important that we can say no to ourselves. To be able to lead and encourage others, we first have to be able to lead and encourage ourselves. People naturally follow people with good discipline.

## **4. Prayers Skills**

Smith Wigglesworth once said, "I don't often spend more than half an hour in prayer at one time, but I never go more than half an hour without praying." We are supposed to walk with God and stay in relationship with Him. In a marriage or any committed relationship, there is a desire for time and communication. Our Father desires that connection with us but that doesn't happen overnight. It comes with time, effort and sacrifice for each other.

## **5. Meditation Skills**

We have to be able to control our thought life. Thoughts come to bombard our mind but we have filters we can use to sift through them. Again, if our mind is stayed on God, He will keep our mind in perfect peace. We can't put the wrong stuff in and be thinking about the right stuff.

## **PRACTICAL APPLICATION**

Take a look at the skills above and be honest with yourself. What skills do you need to focus on more? Does God get your attention daily? Do you give God time to speak to you? Do you bring your thoughts and hold them next to the Word of God?

## REFERENCE VERSES

- Philippians 4:2-3, 1:25, 4:6&8
- Ecclesiastes 10:10
- Genesis 11:16, 13:8-15
- Psalms 133:3
- Proverbs 6:23-24, 20:27
- 1 Corinthians 13:1
- John 14:1
- Romans 14:17
- 2 Corinthians 4:1, 4:17-18, 11:22-29, 10:4-6
- Hebrews 13:15
- Isaiah 26:3
- 1 Samuel 30:1-8
- Joshua 1:8

## DECLARATIONS

“God has given me so many opportunities to learn and grow. In my walk with God I want to continue to get closer to Him and learn from His Word. I am capable of growth, good things, and blessing others with what God has given me. I am worth pursuing and God is worth more of my time and attention”.

## WHAT'S NEXT?

Now it's time to write down anything the Lord has spoken to you. Praise Him, Thank Him and ask the Holy Spirit to help you walk this out.



*If hearing God or anything mentioned in this study is new to you then we invite you to take the Next Step.  
Further information can be found at [reslife.org/nextsteps](https://reslife.org/nextsteps)*