

BEYOND SUNDAY

A SERMON APPLICATION GUIDE

SERMON DATE • MARCH 5, 2023

Missed the sermon? Watch [here](#).

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This guide is designed to offer a simple tool for those wanting to take the next step with Sunday's message. You can print this guide to study on your own, or use it in a group and experience transformation together.

MESSAGE THEME

STAND IN THE MIDST OF ADVERSITY

PRAYER FOCUS

"Thank you God for the testimony of what you have been doing in my life. Thank you for pursuing me in a way that I can recognize. You are a good father and as I get to know you I ask for a deepened hunger for more of you. God would you fill me today with your joy and gratitude Amen."

KEY TRUTHS

In Psalm 84:6, the valley is not supposed to be where we live all of our lives. We are supposed to pass through and make it to the other side, not resting too long in the low moments or bad situations.

In Matthew 7:24-27 two houses are built, one on rock and one on sand. The house built on rock withstood the storm and the one on sand did not. Coming to Jesus doesn't mean that our life is going to be easier but it does mean that we will withstand the storms of life. We can't wait until the day of adversity to prepare for it. We can't wait until the boat is sinking to learn how to swim.

In the story of Jonah, he is running away from God so he can avoid what he is being told to do. Jonah flees by getting in a boat to keep from going to the city of Nineveh. A storm comes and almost sinks the boat. Jonah tells the people on the boat that it's because he is running from

God. Once Jonah gets tossed overboard he is swallowed by a huge fish. After a few days he is spit out by shore and the Lord tells him again to go to Nineveh. We can learn from Jonah that sometimes we are in a storm not because of something we did but because of someone in our boat.

Occasionally we make dumb choices and then ask God why something bad happened. God's salvation is bigger than any addiction, negative words, unhealthy parenting, challenges we have faced, actions taken against us, or dumb choices. God's salvation is bigger. When we suffer for God, it's by doing the right thing and getting ridiculed or put down by the world. But adversity comes when the enemy comes to steal, kill, and destroy us or what we have.

PRACTICAL APPLICATION

We are called to move in a different direction than the world. Our role is to do what's right and persevere. It may mean we suffer for what is right. Satan seeks whom he may devour but we can tell him "NO". Once you read the declaration below, think of 3-4 more declarations you can make to tell the enemy 'no'.

VERSES

- Psalms 84:4-7
- Matthew 7:24-27
- Proverbs 24:10, 13:20, 19:3, 18:10
- Jonah 1:1-4
- 2 Samuel 22:4
- 2 Corinthians 4:16-18
- 1 Peter 5:8, 2:19-23
- John 10:10
- Ephesians 2:6, 4:1, 6:12-13

DECLARATIONS

"I know what I believe and I am not receiving what the enemy has. When the report doesn't look good, I will stand on God's truth. When the list of tasks is too long, I will stand. When things don't go the way I hoped, I will stand. When the kids misbehave, I will stand. When the enemy tries to take control, I will stand."

WHAT'S NEXT?

Now it's time to write down anything the Lord has spoken to you. Praise Him, Thank Him and ask the Holy Spirit to help you walk this out.



*If hearing God or anything mentioned in this study is new to you then we invite you to take the Next Step.
Further information can be found at reslife.org/nextsteps*