

BEYOND SUNDAY

A SERMON APPLICATION GUIDE

SERMON DATE • FEBRUARY 6, 2022

Missed the sermon? Watch [here](#).

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This guide is designed to offer a simple tool for those wanting to take the next step with Sunday's message. You can print this guide to study on your own, or use it in a group and experience transformation together.

MESSAGE THEME & PRAYER FOCUS

Hold The Ground

"Father God, give me eyes to see the places throughout my life where you have been faithful to me. I love you, God, and I thank you for your work in me. Continue to use me wherever you've called me. Teach me what it looks like to be obedient to that calling, and remain faithful to you, in Jesus' name. Amen."

KEY CONCEPTS/TRUTHS

When we are suffering we can tend to think that nobody understands what is going on or how we feel. When we feel like we are in prison and have nothing else to do, we have to choose what we are going to focus on.

In 2 Timothy, Timothy writes to Paul in a tear stained letter. Paul responds with encouragement, despite being in prison himself, and reminds Timothy of God's faithfulness to him and those that have come before. The legacy of faith that came before Timothy was already thriving in him—he just needed to remember it and keep it in focus.

God's faithfulness is a part of our history. When we pray or do anything in faith, it raises a memorial to God. The power of remembrance stirs up the faith. Once faith is released, it can only move us forward.

The Spirit of God has given and called us to use these three things according to 2 Timothy 1:7:

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We are called to be partakers in the afflictions of the gospel according to the word of God. If we refuse to budge from what we believe and the world starts to give us problems, the power of God will strengthen

- Power: “Dunamis” is the Greek word used here to describe potential, ability, like a force of nature, and something that is inherently in us through faith in Christ.
- Love: A love with no strings attached and no expectation of anything in return.
- Sound mind: “Sophronismos” is the Greek word used here to describe a mind that has been set free from all hindrances. This word is composed of “Sodzo”, which describes healing, saving, a preserving, and a deliverance, and the word “phren”, which speaks of our mind.

us. When we refuse to budge, God says, “I like that”. He joins Himself to us and sustains us so we can push through the brunt of the world in a way that we couldn’t otherwise.

Key Verse: 2 Timothy 1:1-13

DAILY APPLICATION

As Paul is writing to Timothy, he is heavily reminding us all to look at God’s faithful work in our past. Our job is to look at all He has done, to turn around and remember our past when God has made a way where things have seemed dark. Through all of the rough waters, trials, and hard times, God was there. He got us through, and He will do it again.

Remember the works of the Lord. When facing a grim future, often we don’t feel like looking at our past. That’s why scripture tells us to “call to remembrance” the things of God, because the moments God has brought us through don’t always come naturally to our minds. Set aside some time to make a list of the things that God has done in your life—big or small. Share the list with a friend to build faith in you both, or agree to do this entire practice with them as well. Take time to thank the Lord for the moments that He has brought you through, and know that He will do it again.

THIS WEEK’S DECLARATIONS

“I put my faith in God. When times get tough and the future seems rocky, I will trust in Him. He knows me better than I know myself. I accept His Spirit in me which does not make me timid, but gives me power, love and a sound mind. I will continue to live for Him. He strengthens me to walk against the current of the world. I choose this moment as a turning point where I do not dwell on the negative past, but I look back and see all that God has done for me and through me.”

WHAT’S NEXT?

Now it’s time to write down anything that the Lord has spoken to you. Praise Him, Thank Him and ask the Holy Spirit to help you walk this out.



If hearing God or anything mentioned in this study is new to you then we invite you to take the Next Step.

Further information can be found at reslife.org/nextsteps