

# WHAT IS WORSHIP

## SELF-STUDY QUESTIONS

How do I find myself worshipping God most often?  
Is there anything I am valuing and worshipping more than God?

## GROUP DISCUSSION QUESTIONS

What are some non-musical ways we can worship God?  
Can we commit time as a group to worship God in this way?  
How do we expect to see ourselves grow as we worship God together in these new ways?

## MAIN NOTES

### Definition Of Worship

Worship is a believer's expression of thanksgiving, adoration, and honor to God for His faithfulness and power. We were created to be in perfect relationship with God and to worship Him.

Many things find their way into being the object of our worship, but ultimately God is to be our first priority. We worship only God.

The book of Psalms is full of praise and worship songs and prayers to God. Psalm 100 is a great example of praise and recognizing who God is.

### Worship Is A Lifestyle

Regardless of our talent, job, etc. we were made to use that thing to worship and bring glory to God..

Showing God how much we love Him in everything we do is worship, regardless of musical involvement.

"And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him." Colossians 3:17

A worshipper is a person who has complete freedom to choose, but loves God so much that he chooses to serve and obey Him because there is nothing he'd rather do.

"I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship." Romans 12:1

## Types Of Worship

Worship is never ultimately about us. It exists to glorify God. It shows Him how much we value Him.

**Personal worship** is private time spent with God where we learn to know Him more intimately.

**Corporate worship** is when believers come together to glorify God. There is a spiritual bond between all of us when we gather whether it is for prayer, singing, or community.

So I have looked upon you in the sanctuary, beholding your power and glory. Because your steadfast love is better than life, my lips will praise you. So I will bless you as long as I live; in your name I will lift up my hands." Psalm 63:2-4

"But the time is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father is seeking such people to worship Him." John 4:23

## Benefits Of Worship

Worship solidifies and strengthens our relationship with God. It sets the tone and atmosphere for our surroundings, and fills us with peace.

"Draw near to God, and He will draw near to you." James 4:8

"For where two or three are gathered in my name, there am I among them." Matthew 18:20

## DAILY LIVING

Are we taking time to honor God in our hearts, with our speech, and in our actions? Singing to God is a necessary part of worship, but so is verbalizing His greatness and committing our God-given talents to His glory. In everything that we do, we should do it for Him in order to reflect Him. We were made to be worshippers. Do we only sing, or do we worship? Do we only work, play, and busy ourselves, or do we do those things as worship to our Lord? He inhabits the praises of His people. We can be certain that, as we worship with our lives, they will be truly filled with His presence.

## PRAYER POINT

Take a moment to go through the Self Study and Group Discussion questions again. Ask God to point out a key truth that He wants you to focus on. Ask Him what portion of your life He wants you to begin worshipping Him with. As you begin to worship Him with it, thank Him for His presence and His life that you receive in that area.

